

  **Military Nursing Service (MNS) – 100 Years (1925–2025)** **Event**

**Date:** 30 Sept 2025.

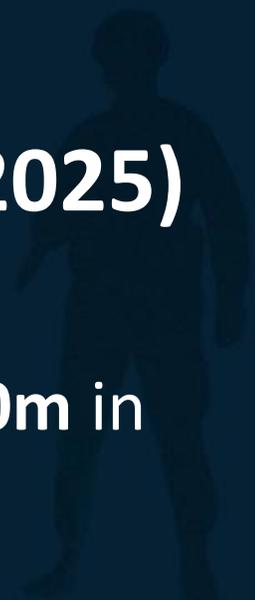
**Venue:** Manekshaw Centre, New Delhi.

**Occasion:** Centenary Celebrations of the **Military Nursing Service (MNS)**.

**Chief Guest:** General Anil Chauhan, Chief of Defence Staff (CDS).

 **Key Highlights****Role of MNS:**

Wars, peacekeeping missions, humanitarian relief, modern healthcare.  
Compassion, dedication, and professional excellence in service of Armed Forces.



# **Military Nursing Service (MNS) – 100 Years (1925–2025)**

## **Historic Expedition:**

All-Women Mountaineering Team “The Arohinis” scaled Peak 6120m in Yabat Tokpo Valley, Ladakh.

Peak named “Mt Lamo” (symbol of strength & resilience).

Led by **11 MNS officers** → **unclimbed peak for centuries.**

## **Scientific Programme:**

Theme: *“Self-Compassion: Care of Caregivers”*.

Linked to PM’s vision: **Swasth Nari – Sashakt Parivar Abhiyan.**

Deliberations on **innovation, ergonomics, technology, compassionate care.**

 **Military Nursing Service (MNS) – 100 Years (1925–2025)****Symbolic Highlights:**

Release of official MNS song → to be played at ceremonial & official events.

Evaluation of scientific papers & posters to strengthen nursing innovation.

**Dignitaries Present:**

Surg VAdm **Arti Sarin** (DGAFMS).

DGMS (Army, Navy, Air Force).

Senior veterans & MNS officers.

# **Military Nursing Service (MNS) – 100 Years (1925–2025)**

## **Background of MNS**

**Founded:** 1925 → completing **100 years** in 2025.

One of the **oldest all-women corps** in Indian Armed Forces.

Provides critical nursing support in **wartime & peacetime**, both in India and abroad.

Played key roles in **WWII, Indo-Pak wars, peacekeeping, disaster relief, and pandemic response.**

**Q1.** In which year was the Military Nursing Service (MNS) founded?

- (a) 1915
- (b) 1920
- (c) 1925 ✓
- (d) 1930

**Q2.** Where were the centenary celebrations of the MNS held in 2025?

- (a) INA, Ezhimala
- (b) Naval Dockyard, Mumbai
- (c) Manekshaw Centre, New Delhi ✓
- (d) AFMC, Pune

**Q3.** Who inaugurated the MNS centenary celebrations in Sept 2025?

- (a) Rajnath Singh
- (b) General Anil Chauhan ✓
- (c) Air Chief Marshal A P Singh
- (d) Surg VAdm Arti Sarin

**Q4.** What was the name of the all-women MNS mountaineering expedition team?

- (a) The Lamos
- (b) The Arohinis ✓
- (c) The Naris
- (d) The Swasthis

**Q5.** The Arohinis scaled an unclimbed peak of height 6120m in which region?

- (a) Zaskar Valley
- (b) Yabat Tokpo Valley, Ladakh ✓
- (c) Nanda Devi Sanctuary
- (d) Arunachal Himalaya

**Q6.** What name was given to the peak conquered by MNS officers in Ladakh?

- (a) Mt Shakti
- (b) Mt Lamo ✓
- (c) Mt Veerangana
- (d) Mt Asha

**Q7.** The theme of the MNS Centenary Scientific Programme was:

- (a) “Nari Shakti: Strength in Service”
- (b) “Self-Compassion: Care of Caregivers” ✓
- (c) “Compassion & Courage in Uniform”
- (d) “Service Beyond Duty”

**Q8.** Which Prime Ministerial initiative was the programme aligned with?

- (a) Beti Bachao Beti Padhao
- (b) Swasth Nari – Sashakt Parivar Abhiyan ✓
- (c) Ayushman Bharat Yojana
- (d) Mission Poshan 2.0

# 🚢 **Indian Navy's 1TS Port Call – Mombasa, Kenya (2025)** **PASSEX (Passage Exercise)**

## 📌 **Event**

**Date:** 25–28 Sept 2025.

**Location:** Port Mombasa, Kenya.

### **Squadron Ships:**

**INS Tir** (lead cadet training ship)

**INS Sujata** (Sukanya-class patrol vessel)

**INS Shardul** (Landing Ship Tank – Large)

**ICGS Sarathi** (Coast Guard OPV)

# 🚢 **Indian Navy's 1TS Port Call – Mombasa, Kenya (2025)** **PASSEX (Passage Exercise)**

## 🔑 **Highlights of Visit**

**PASSEX (Passage Exercise) with Kenya Navy ship KNS Shupavu.**

**Professional exchanges: cross training, damage control & firefighting drills.**

## **Cultural/Community Engagements:**

Combined Naval Band performance.

Joint yoga session.

Outreach visit to **old age home.**

# 🚢 **Indian Navy's 1TS Port Call – Mombasa, Kenya (2025)** **PASSEX (Passage Exercise)**

## **Diplomatic Engagements:**

Courtesy calls with **Commander, Kenya Navy.**

Visit to Kenya Navy Hospital Radiology Dept (with CT scan facility gifted by India).

Deck reception onboard **INS Shardul** with Govt of Kenya, Kenya Defence Forces & Indian diaspora.

Ships opened for local visitors & diaspora.

# 🚢 **Indian Navy's 1TS Port Call – Mombasa, Kenya (2025)** **PASSEX (Passage Exercise)**

## 🌐 **Strategic Significance**

Reaffirmed India–Kenya maritime cooperation.

Linked to visions of BAHARI (Kenya) & MAHASAGAR (India).

Strengthens:

**Training exposure** for officers of both navies.

**Capacity building & interoperability.**

**Indian Navy's role as net security provider** in IOR.

Marks successful completion of **long-range training deployment of 1TS** in SW Indian Ocean.

**Q1.** The Indian Navy's First Training Squadron (1TS) made a port call at which African country in Sept 2025?

- (a) Tanzania
- (b) Mozambique
- (c) Kenya ✓
- (d) South Africa

**Q2.** Which ships formed part of the 1TS during the Kenya port call?

- (a) INS Vikrant, INS Tir, ICGS Varuna
- (b) INS Tir, INS Sujata, INS Shardul, ICGS Sarathi ✓
- (c) INS Magar, INS Sujata, INS Shardul, INS Kochi
- (d) INS Shardul, INS Jalashwa, ICGS Samrat, INS Tir

**Q3.** The Passage Exercise (PASSEX) at Mombasa was conducted with which Kenya Navy ship?

- (a) KNS Jasiri
- (b) KNS Nyayo
- (c) KNS Shupavu ✓
- (d) KNS Umoja

**Q4.** Which Kenyan facility was recently gifted a state-of-the-art CT scan by India?

- (a) Nairobi General Hospital
- (b) Mombasa Marine Institute
- (c) Kenya Navy Hospital Radiology Dept ✓
- (d) Eldoret Military Hospital

**Q5.** The 1TS port call at Kenya was linked to which maritime visions of India & Kenya?

- (a) SAGAR & Blue Economy
- (b) BAHARI & MAHASAGAR ✓
- (c) Milan & Samudra
- (d) Atmanirbhar Bharat & Vision 2030

**Q6.** Which ship hosted the deck reception in Mombasa for Kenyan dignitaries & Indian diaspora?

- (a) INS Tir
- (b) INS Shardul ✓
- (c) INS Sujata
- (d) ICGS Sarathi



## DGAFMS – **Women's Health Awareness Session (2025)**

### **Event**

**Date:** 30 Sept 2025.

**Venue:** South Block, New Delhi.

**Occasion:** Women's Health Awareness event under **Swasth Nari, Sashakt Parivar Abhiyaan.**

**Hosted by:** Directorate General of Armed Forces Medical Services (DGAFMS), Ministry of Defence.

  **DGAFMS – Women's Health Awareness Session (2025)** **Highlights**

**Chief Guest / Speaker:** Surg VAdm Arti Sarin, DGAFMS.

**Focus:**

Gynaecology & Reproductive Health.

Nutrition & Mental Health.

Sleep Wellness.

Child Health.

**Format:** Health talks by subject experts + Panel Discussion on Women & Child Health Issues.

**Attendance:** 100+ women employees of MoD.

  **DGAFMS – Women's Health Awareness Session (2025)** **Key Messages**

**DGAFMS:** Women's health is central to shaping families & communities.

Need for **sustained advocacy & awareness.**

Emphasised **work-life balance** for healthy & prosperous future.

**Additional Secy MoD – Smt Dipti Mohil Chawla:**

Women's health is critical for **family health & nation building.**

 **Background** – *Swasth Nari, Sashakt Parivar Abhiyaan*

**Launched:** 17 Sept 2025 by PM Narendra Modi.

**Motto:** “**Swasth Nari, Sashakt Parivar hai Vikas Ka Aadhar**”.

**Aim:** Women's health → Family health → Stronger Nation.

Nationwide awareness on **nutrition, maternal health, mental wellness, preventive care.**



**Q1.** The DGAFMS hosted a women's health event on 30 Sept 2025 under which campaign?

- (a) Beti Bachao, Beti Padhao
- (b) Poshan Abhiyan
- (c) Swasth Nari, Sashakt Parivar Abhiyaan ✓
- (d) Mission Shakti

**Q2.** Who is the current Director General of Armed Forces Medical Services (DGAFMS)?

- (a) Lt Gen Daljit Singh
- (b) Surg VAdm Arti Sarin ✓
- (c) Lt Gen M. D. Venkatesh
- (d) Surg VAdm Ravi Kumar

**Q3.** Where was the Women's Health Awareness event held?

- (a) AFMC, Pune
- (b) Manekshaw Centre, New Delhi
- (c) South Block, New Delhi ✓
- (d) INHS Asvini, Mumbai

**Q4.** The Swasth Nari, Sashakt Parivar Abhiyaan was launched on 17 Sept 2025 by:

- (a) Defence Minister Rajnath Singh
- (b) PM Narendra Modi ✓
- (c) President Droupadi Murmu
- (d) CDS General Anil Chauhan

**Q5.** The motto of the campaign *Swasth Nari, Sashakt Parivar Abhiyaan* is:

- (a) “Nari Shakti, Rashtriya Shakti”
- (b) “Swasth Nari, Sashakt Parivar hai Vikas Ka Aadhar” ✓
- (c) “Beti Bachao, Beti Padhao”
- (d) “Healthy Women, Healthy India”

## IMP Event:

- **278<sup>th</sup> Annual Day** celebration of the **Defence Accounts Department** on October 01, 2025 in New Delhi.